Sakarya University of Applied Studies Graduate School Institute

Department of Coaching Training

The department provides training approaches and methods with an interdisciplinary approach. General terms of study subjects of the department are identifying, monitoring and evaluating performance components specific to the sports branch; arranging and following the training content in accordance with the principles of periodization; analyzing of different training structures and models in different sports and special groups (children, women, performance athletes...); special training for sports, technical and tactical approaches.

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Graduate Programms

Master Programms with Thesis

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